



**NEWSLETTER**

**Mar 2015**

**PRACTICE STAFF**

**VETERINARY SURGEON:**

Yahav Ravid Morano

**VETERINARY NURSE:**

Jacky Buttle

**NURSING ASSISTANT:**

Robert Baker

**STUDENT NURSE:**

Susannah Peel

**PRACTICE PETS:** Maxwell the cat and Phoebe the dog (Jacky's dog!)

**OPENING HOURS**

**Monday, Tuesday, Thursday and Friday 9am to 7pm with consulting hours 9am to 11am and 4pm to 7pm**

**Wednesday 9 to 11am**

**Saturday 1pm – 4pm**

**FOR OUR 24 HOUR DEDICATED EMERGENCY SERVICE CALL MANDEVILLE VETERINARY HOSPITAL ON: 020 8845 5677**

**PROACTIVE PETS**

**SAVE 30% ON YOUR VACCINATION AND MAKE HUGE SAVINGS ON FLEA AND WORM CONTROL!**

**FOR MORE INFORMATION, ASK AT RECEPTION OR ASK YOUR VET!**

**WE ALWAYS WELCOME FEEDBACK ABOUT THE SERVICE PROVIDED, AND WOULD ASK OUR CLIENTS TO TAKE A MINUTE TO LEAVE A COMMENT ON OUR WEBSITE!**

**[www.goddardvetgroup.co.uk/wembley](http://www.goddardvetgroup.co.uk/wembley)**

**THANK YOU**

**IS YOUR PET STRESSED?**

**SEE OVER FOR INFORMATION ABOUT STRESS IN DOGS AND CATS.**



**OR**



**CHERRY'S EXERCISE TIME!**



**Thanks to Ms Silva for sending us these lovely photos of her dog Cherry!**

**Do you have an amusing, cute, or beautiful photo of your pet for our newsletter.**

**Email it to us:**

**Email address:**

**[Wembley@goddardvetgroup.co.uk](mailto:Wembley@goddardvetgroup.co.uk)**

**We are also interested to hear of any local pet events, or interesting stories.**

## PETS SUFFER STRESS TOO!

We think of stress as being an increasingly prevalent human problem, but it also affects our pets. Like us, some animals have a tendency to be more anxious, and it is also believed that animals are sensitive to our moods and feelings, so a stressed owner may transmit their anxiety to their pet.



## COMMON STRESSFUL SITUATIONS

- Puppies and kittens arriving in their new home.
- Going into a kennel or cattery.
- Building or decorating work in the house (cats can be upset by furniture simply being moved!).
- Loud noises such as fireworks.
- Illness or visits to the Vet.
- Loss of a family member or loss of another pet in the house.
- Tension between family members in the house.
- Bringing a new pet into the house.
- A new baby in the house.
- Moving house.
- Any change of circumstance in the

house or with family members.

- Being left alone for long hours.
- Boredom and lack of exercise.

## SIGNS OF STRESS

- Vocalising.
- Hiding.
- Shaking and panting.
- Destructiveness.
- Quiet and dull.
- Restlessness.
- Following the owner about.
- Aggression.
- Nervousness.



## STRESS RELATED ILLNESS

Gastro Intestinal problems can be stress induced, especially diarrhoea. This can lead to increased and inappropriate defaecation.

Skin Problems can be partly due to, or exacerbated by stress. Cats will often overgroom and dog often lick paws. A previously controlled allergic condition can flare up due to a stressful situation and result in irritation, hair loss, and secondary bacterial infection.

Cardio respiratory problems will be made worse by stress.

Urinary Tract Problems can be stress induced or idiopathic and it is thought to be one of the most common reasons for urinary problems in cats.



## ALLEVIATING STRESS

- In times of stress, it is important to create a place where your pet can hide and feel secure.
- It is important that pets are kept active and not left for long periods.
- Punishment for bad behaviour is ineffective. It is better to ignore the animal when naughty and give lots of praise for good behaviour.
- Make sure that cats are used to going in baskets and dogs are used to going in cars.
- Introduce new puppies to lots of different experiences at a young age.
- Indoor cats must have sufficient number and size of litter tray away from each other and away from food bowls or noise.
- In times of stress, you may need to use products called pheromones to help them cope (ask us!).



- Behaviour modifying drugs can be useful but only if consulting your Vet, Vet Nurse or behaviourist first.
- Try not to allow your own anxiety affect your pet – alleviating your stress can help your pet!

MANDEVILLE VETERINARY SERVICES, WEMBLEY BRANCH

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